

Abstract

Vital Questions in Transpersonal Psychology Answered by Deaf Students

By

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The Definition of Transpersonal Psychology is elusive due to the Transpersonal dimension being outside of tangible reach (Hartelius et al., 2007). The Transpersonal is ethereal. We point towards it. We experience it and are informed by it. We create spaces where people experience the connection between the transpersonal within and without and transform into integrated whole beings. We help people on their journeys of individuation and self-actualization. The transformation of the individual informs the transformation of the whole. We are influencing altruistic values to be incorporated into business, social policy, and social structure through the healing we encourage in others (Gray, 2023). There are vital questions for Transpersonal Psychology that need to be explored (Gray, 2015). Do human beings desire transformation? Are they capable of being the agent of their transformation? Is it ok for people to continue in their unconscious ego patterns, or must the world become a utopian paradise of actualized individuals? Is there a Gray Area for us to dance in? I am in the process of conducting dissertation research that aims at exploring the question of individual agency in transformation. Through a phenomenological inquiry, this study is making meditation accessible to a population of Deaf students and seeks to support a compatibilist philosophy of agency.

References

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