This Thursday!

Alumni Speaker Series:
“Spiritual, but Not Religious”
With Davy Davidson, MASG

Thursday, August 14
Classroom 1059 A
6:00 – 8:00 pm

Davy will talk about what it means to her to be spiritual, but not religious and how she brings her perspective to spiritual guidance. There will be discussion among attendees about what “spiritual but not religious” may mean for them, and how the idea gets expressed in their lives.

Davy Davidson is a spiritual director working with men and women who want to live in truth with their divine essence. Your deepest wisdom wants to be known, and with practice you can learn tools to integrate spirit with body and mind. The way is never a destination, but always a becoming. Over time and with patience you can know and be nourished by the sacred source of all being as it lives through you.

Davy was a business consultant and entrepreneur before transferring to the field of spiritual development. Since 2007, she has been a student of the Diamond Approach and spent a year at the Feminine Wisdom School. Davy earned a Master of Arts degree in Spiritual Guidance from Sofia University in 2012. She is the Spiritual Guide at Sofia Community Center for Health and Wholeness and serves as a Board Member at Sofia. Her website is: [www.truenaturenow.com](http://www.truenaturenow.com)

For more information, contact events@sofia.edu

Professor Rona Newmark Visits

On Tuesday, August 5, Professor Rona Newmark, Head of the Unit for Educational Psychology at Stellenbosch University in South Africa, visited Sofia University to discuss quality of life research, neurodiversity, academic entrepreneurship, and opportunities for collaboration with Mark Gonnerman, chair of the Hybrid: online / face to face PhD program, and President Liz Li.

Heart Technology and Consciousness Hacking

Saturday, August 9
1:00 - 4:00pm
1453 Mission Street
San Francisco, CA

Liz Li, Ph.D., president of Sofia University will discuss her plans to develop the first consciousness focused engineering curriculum, and the opening of a new lab devoted to Consciousness Hacking.

Help Us Save Energy!

Please turn off light switches when you leave classrooms and restrooms.
My Research
By Lindsay Briner

Aloha, my name is Lindsay Briner. In 2012 I graduated from the MATP program at Sofia University, and soon after moved to Kauai, Hawaii to land my dream job as a Research Assistant to a physicist I was studying independently for many years prior. I was on a mission to integrate the new paradigm emerging in physics and the holographic principle into my transpersonal studies. Now I am returning to Sofia to fulfill my intention of accomplishing my PhD after nearly two years of working side by side with an advanced physicist. It’s good to back!

In my research I am questioning, how do physical processes in the brain give rise to subjective experience? The hard problem remains one of the largest challenges in the frontier of consciousness studies in the quest to define the mystery of mind over matter. Alternative explanations are emerging, especially since the rise of quantum mechanics, such as the Copenhagen Interpretation, where the consciousness of an observer is required to collapse the waveform probability distribution of a quantum to a single locus. Furthermore, myriad other scientifically-based studies and investigations have demonstrated that consciousness is not necessarily restricted to the electrobiochemical activity of the human brain, suggesting a nonlocal interface.

In the Orch-OR theory of consciousness, amongst others, suggest the fractal geometry of biomolecular structures to enable the transmission of information through geometrical synchronization, or resonance. Stuart Hameroff, head of the consciousness department at the University of Arizona, has identified resonance at the quantum scale in neural cells to occur every 1/44th of a second; creating a stream of conscious awareness. These results are significant in relationship to the functioning of neural networks and grey matter in the brain, as well as one’s behavior and ability to function in our present reality. Hameroff suggests implications of a “quantum soul”.

In my research, I am exploring consciousness as a non-local feedback mechanism through the application of a new paradigm emerging in quantum gravity, applied to the Orch-OR theory of consciousness. Whereby I am investigating the subatomic processes, which interface with the nonlocal, or unified field of consciousness at the level of the proton.

The implications in transpersonal psychology are vast, as these biophysics-based foundations of consciousness clearly imply our vibrational physical mechanisms of sound, light, and harmonics – beyond the paradigm of biochemical computational models of mind.