Happy Holidays from President Liz Li

The holiday season is upon us once again. During this festive phase of year, more time seems to be a quality all of us could benefit from. Here at Sofia, we’ve learned to take things one day at a time, to be thankful for the blessings in our lives no matter how large or small, and to look for the silver lining on every rain cloud, and perhaps marveling at the splendor of the occasional rainbow.

On behalf of our university, I wish all students, faculty, staff and alumni a safe and joyous holiday season, and a prosperous new year. May all good things come your way.

Upcoming Events

The Happy Class
January 5, 2015 from 1 – 5 p.m.

Jim Jorgensen will offer an interactive presentation on the keys to practical happiness at the student orientation on campus. Jim writes under the pen name Jay Knight. His book reached the number one spot on Amazon's list of bestselling happiness books. At this event, you will learn easy methods of decision making, spouse/partner picking, life expansion, and specific ways to find and keep true happiness.

For more information email: events@sofia.edu

Founders Series: The Toolbox Project
January 9, 2015 from 7:00 - 8:30 p.m.

Sofia University launches their 40-year anniversary as the premier transpersonal school in the heart of the Silicon Valley with its technology and humanist values-based Founders Series. Two graduates from Sofia will showcase their entrepreneurial mission “The Toolbox Project” at the university campus. Toolbox is a K-6 curriculum that supports children in understanding and managing their own emotional, social and academic success. Since Toolbox launched in 2006, this seminal work in translating the great wisdom traditions into a secular “common language” for children, their families and communities has been requested from over 20 countries and half the states. It is now in over 100 schools, including Berkeley, Boston, Montreal, and S. Africa.

For more information email: events@sofia.edu

Call for Papers: Feeding the Soul – Eurotas 1st Transpersonal Festival

To apply to give your presentation at the 2015 First Transpersonal Festival of EUROTAS, June 18- 24, 2015, Milan, Italy, please send us:

An abstract of your project (no more than 300 words); A short bio (no more than 100 words); A photo of you and a Website. Deadline for the Submission of Papers: February 15, 2014

Please submit your application on the Festival Webpage: www.feedingthesoul.eu
**We're On the Move**

Sofia staff and the leadership team will move back to the original building in the near future. Sofia President Liz Li sent the following announcement: “In my many conversations with students, staff and faculty, one of the recurring themes is the desire to both increase our communications and capture the good energies that are evident when we are all together. An important step toward this would be for all of us to move back into the original building at 1069. This move would facilitate our capacity to work well as a team as we grow in teamwork.”

**Professor Receives Prestigious Honor**

Sofia Professor Olga Louchakova-Schwartz, Ph.D., Graduate School of Transpersonal Studies has been elected as Associate Editor for the Journal of Theoretical and Philosophical Psychology at the American Psychological Association. This distinguished honor is held by a group of about six people who work with the Editor-in-Chief, do the final review of the articles that go into publication, assign ad hoc editors, and help with defining the policy and direction of the journal. Sofia congratulates you Dr. Louchakova-Schwartz, on your appointment—you make our university shine!

**Student Publishes Fourth Book**

A hearty congratulations to Global PhD student, Lauri Ann Lumby, for releasing her fourth book, Song of the Beloved – the Gospel According to Mary Magdalene. This novel is a work of historical fiction, inspired by scripture, historical documents and ancient sacred texts, providing nourishment and inspiration for those in search of a relevant Christianity – with Jesus and Mary as two who lived the fullness of the human experience while teaching us how to love. To learn more visit: www.yourspiritualtruth.com

**Sofia Alumnus Publishes Book**

Congrats to Sofia alumnus Mark Allan Kaplan, Ph.D. on the publication of his book: The Search For A Divinely Guided Life. Mark's book is a first-person true account of one individual's quest for the divine through time and memory, across many cultures and traditions, through dark nights, gentle graces, and unimaginable miracles and wonders, ultimately leading to the discovery of the one path within the many and the heart of divine wisdom and guidance itself. We honor you Mark, and your divine journey. Visit Mark's website to learn more: www.markallankaplan.com.

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**Meet the Staff**

Rosanna Romero, Admissions Counselor is responsible for three programs: Master’s in Transpersonal Psychology Residential, Master’s in Computer Science, and Dual Programs in Psychology/Computer Science. Her goal is to confirm enrollment leads, and expand our student population.

She has over five years of higher education experience in both non-profit and for-profit schools. She continues to work on her Bachelor's Degree and holds an Associate's Degree from West Valley College in Saratoga.

Rosanna was born and raised in the “sleepy” city of Santa Clara—a place that she finds hard to leave, especially now that the San Francisco 49’ers built their new stadium there—she loves football. In her free time she likes to try new restaurants, go out with her friends, and crochet, a hobby she says her family and friends sometimes call old-fashioned. However, they warmly receive Rosanna's handmade blankets.